

Product Information: Similac® Alimentum®

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

- 1 SIMILAC ALIMENTUM is a 20 Cal/fl oz, nutritionally complete, hypoallergenic formula for infants, including those with colic symptoms due to cow's milk protein sensitivity, food allergies, or sensitivity to intact protein. Appropriate supplemental beverage for children with food allergies or sensitivity to intact protein.
- 1 First and only hypoallergenic extensively hydrolyzed casein-based infant formula with 2'-FL for immune support.
- 1 Starts reducing excessive crying due to cow's milk protein sensitivity, in most infants, within 24 hours.¹
- 1 Hypoallergenic; contains a predigested protein to virtually eliminate allergic reactions in most babies who are allergic to cow's milk protein.
- 1 Hydrolyzed casein supplemented with free amino acids for infants who are sensitive to or unable to digest intact protein.
- 1 Unique carbohydrate blend, using two different absorptive pathways to help maximize absorption and minimize risk of malabsorption.^{2,3}
- 1 Made with oils that have been shown to be well absorbed.⁴ Approximately 33% of the fat as medium chain triglycerides (MCTs).
- 1 DHA and ARA [special ingredients found in breast milk] [that are important for/to help support] brain and eye development.
- 1 Suitable for lactose sensitivity.
- 1 Gluten-free.



Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

¹ Based on a clinical study with Alimentum Ready to Feed without DHA, ARA, 2'-FL HMO, lutein and beta-carotene. A crossover clinical study of infants experiencing colic symptoms due to cow's milk protein sensitivity showed 5 of 6 infants initiated on Alimentum during the first week achieved a reduction in excessive crying. Data on File, Study AC84, August 2004. Abbott Nutrition, Columbus, Ohio.

² Kerzner B, Sloan HR, McClung HJ, Caniano D. Jejunal absorption of sucrose(S) and glucose oligomers (GO) in the absence of pancreatic amylase (PA). *Pediatr Res.* 1983; 17:191A.

³ Anderson TA, et al. Carbohydrate. In: Fomon SJ. *Infant Nutrition.* 2nd ed. Philadelphia, PA: W.B. Saunders Co; 1974:182-208.

⁴ Fomon SJ. *Nutrition of Normal Infants.* St. Louis, Mosby-Year Book, Inc; 1993, pp 152-153.

Ingredients

Liquid Unflavored:

Water (87%), Sugar (4%), Casein Hydrolysate [Derived from Milk] (2%), Modified Tapioca Starch (2%), Safflower Oil (1%), Medium Chain Triglycerides (1%), Soy Oil (1%). Less than 0.5% of: 2'-Fucosyllactose [Derived from Milk]^{*}, Lutein, Beta-Carotene, Schizochytrium Sp. Oil[†], M. Alpina Oil[‡], Calcium Citrate, Calcium Phosphate, Ascorbic Acid, Potassium Phosphate, Carrageenan, Magnesium Chloride, Potassium Citrate, Salt, Calcium Hydroxide, Potassium Hydroxide, L-Cystine Dihydrochloride, Potassium Chloride, L-Tyrosine, L-Tryptophan, Choline Chloride, Ferrous Sulfate, Taurine, Inositol, d-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Vitamin A Palmitate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Vitamin B12.

^{*} 2'-FL, is derived from milk, but does not contain milk protein.

[†] Source of DHA.

[‡] Source of ARA.

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2 of 7

Availability

List Number	Item
57508	Similac Alimentum Ready to Feed / 8 fl oz (237 mL) Can / 4 x 6 ct
57512	Similac Alimentum Ready to Feed / 32 fl oz (946 mL) Bottle / 6 ct
59738	Similac Alimentum Ready to Feed / 2 fl-oz (59 mL) Bottle / 48 ct
64715	Similac Alimentum Powder / 12.1 oz (343 g) Can / 6 ct
64719	Similac Alimentum Powder / 19.8 oz (561 g) Can / 4 ct
67637	Similac Alimentum Ready To Feed / 2 fl oz (59 mL) Bottle / 48 ct

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Nutrition Information - Liquid Unflavored

	100 Cal (5 fl oz)		1000 mL (1.1 QT)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein Equivalent, g	2.75		18.58	
Fat, g	5.54		37.43	
Carbohydrate, g	10.2		69	
Water, g	133		899	
Linoleic Acid, mg	1900		12838	
Vitamin A, IU	300		2027	
Vitamin D, IU	45		304	
Vitamin E, IU	3		20.3	
Vitamin K, mcg	15		101	
Thiamin (Vitamin B1), mcg	60		406	
Riboflavin (Vitamin B2), mcg	90		608	
Vitamin B6, mcg	60		405	
Vitamin B12, mcg	0.45		3.04	
Niacin, mcg	1350		9122	
Folic Acid (Folacin), mcg	15		101	
Pantothenic Acid, mcg	750		5068	
Biotin, mcg	4.5		30.4	
Vitamin C (Ascorbic Acid), mg	9		61	
Choline, mg	12		81	
Inositol, mg	5		34	
Calcium, mg	105		709	
Calcium, mEq	5.2		35.1	
Phosphorus, mg	75		507	
Magnesium, mg	7.5		50.7	
Iron, mg	1.8		12.16	
Zinc, mg	0.75		5.07	
Manganese, mcg	8		54	
Copper, mcg	75		507	
Iodine, mcg	15		101	
Selenium, mcg	2		14	
Sodium, mg	44		297	
Sodium, mEq	1.9		12.8	
Potassium, mg	118		797	
Potassium, mEq	3.0		20.3	
Chloride, mg	80		541	
Chloride, mEq	2.3		15.5	
Potential Renal Solute Load, mOsm	25.3		171.3	

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Preparation

Instructions for Use:

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils. Pour water into clean bottle.
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water. Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple. **Once feeding begins, use within 1 hour or discard.**

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2 fl oz bottle

- 1 Do not add water.
- 1 Do not use if breakaway ring is missing or broken.
- 1 Shake very well.
 - 1 Twist off cap.
 - 1 Twist on nipple and ring.
 - 1 Use clean hands to attach nipple and ring.
 - 1 Use sterile nipple and ring if directed.
- 1 Once oral feeding begins, **use within 1 hour or discard.**

1 QT bottle

- 1 Do not use if band around cap or inner foil seal is damaged.
- 1 Do not add water.
 - 1 Shake well before each use. Remove protective band; twist off and clean cap.
 - 1 Invert cap; press down to pierce foil, then turn cap a half turn. Remove foil.
 - 1 Pour formula into bottle; attach clean nipple. Once feeding begins, **use within 1 hour or discard.**
- 1 Prepare and feed all formula from the container within 2 days after opening.

8 fl oz can

- 1 Do not add water.
- 1 Use by date on can.
 - 1 Rinse can lid; shake very well.
 - 1 Lift and pull tab to open.
 - 1 Pour formula into bottle or cup; attach nipple or lid; once feeding begins, **use within 1 hour or discard.**

Storage Instructions:

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**

Ready to Feed

2 fl oz bottle

- 1 Avoid prolonged exposure to light.
- 1 Store unopened bottles at room temperature; avoid extreme temperatures.
- 1 Store in carton until ready for use.

1 QT bottle

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- 1 Unopened Container: Store at room Temperature; avoid extreme Temperatures.
- 1 Opened Container: Recap, refrigerate, and feed within 2 days.
- 1 Prepared unfed bottles: cap, refrigerate, and feed within 2 days. Do not reuse container
- 1 Once opened, store quart bottle in refrigerator.

8 fl oz can

- 1 Cover opened cans and prepared bottles not used immediately.
- 1 Store in refrigerator and **use within 48 hours.**
- 1 Store unopened cans at room temperature; avoid extreme temperatures.